Asymptomatic Means You Have An Illness Without Symptoms — But You May Still Be Contagious

Hassan Akhtar

Asymptomatic illness refers to the presence of a disease or infection from which a person is suffering without any symptoms. Asymptomatic individuals do not show any obvious signs or symptoms of illness, but they can still be contagious and transmit the infection to others. This is not the same as having minor symptoms such as fatigue or mild fever, which are often considered normal responses to viral infections.

For example, the Centers for Disease Control and Prevention (CDC) have identified asymptomatic individuals as a significant factor in the spread of COVID-19. Even though these individuals do not experience the typical symptoms of illness, they can still transmit the virus to others.

In this context, it is important to understand the implications of asymptomatic illness, particularly in the context of pandemic outbreaks such as COVID-19. Asymptomatic transmission can play a crucial role in the spread of the virus, highlighting the need for continued public health measures and awareness campaigns to reduce the risk of transmission.

According to a study published in the journal *The Lancet*, asymptomatic transmission is a common mode of virus transmission and can contribute significantly to the spread of COVID-19.

Most asymptomatic individuals do not seek medical care or report infection, and therefore, their contribution to the spread of the virus can go unnoticed.

(Continued)

OPINION

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Mohammed Rizwan & Saif ul Shakir

Care Of Animals In Harsh Winter Season

Dr. M. Makado & Dr. Emaan Ghafoor

The extreme weather conditions that prevail in Winter season in Pakistan cause discomfort to animals. Animals require special care during this season to help them cope better with the cold.

In this context, it is important to consider the requirements of animals during the winter season and ensure that they are provided with adequate care to maintain their health and well-being. This includes providing shelter, food, and water, as well as protecting them from potential hazards such as exposure to extreme cold temperatures.

In addition, it is essential to monitor the animals’ health and behaviors during this season and address any issues promptly to prevent complications.

In conclusion, the winter season presents unique challenges for animal care, and it is crucial to take appropriate measures to ensure that animals are well-prepared and healthy to face the harsh conditions of the season.

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(Continued)
TI Sector In Pakistan Needs More Skilled Youth

According to Engr.Prof.Dr. Athar Mahboob, the Vice Chancellor of Islamia University of Bahawalpur, the current skill set among Pakistani youth is not sufficient to meet the demands of the new sector. Therefore, it is crucial to address the issue of skilled youth and invest in vocational training programs. By doing so, the country can attract and retain local talent and reduce its reliance on importing skilled labor.

The Secretary of Agriculture, Newly Merged Areas, Murad Ali Mohammad, the Director of Agriculture and representative of the saffron cultivation experts Ahmad Said and Shah, has emphasized the importance of saffron in Pakistan’s economy. The province generates Rs 870 billion per year. While saffron is cultivated across the world, Pakistan is the world’s largest producer of the stigma of saffron flowers. The stigma must be dried between 60 and 70 °F for a maximum of 48 hours. While the stigma begins to lose its flavor and aroma after 48 hours, it takes about 2 weeks to dry. After the stigma is fully dried, it must be kept in airtight containers to prevent it from absorbing moisture or losing its flavor.

The Pakistani government and local universities have been working on the research and development of saffron cultivation and processing technologies. The latest advancements are expected to improve the quality and yield of saffron, making Pakistan a global leader in saffron production.

The government of Pakistan has also been focusing on increasing the labor force and attracting young talent to the country. The establishment of vocational training institutions and the promotion of entrepreneurship have been key strategies. The Pakistan Institute of Nuclear Science and Technology (PINSTECH) has been a leader in providing vocational and technical training programs.

Focus on Saffron Production and Processing

Saffron is a valuable spice and a major export for Pakistan. Its cultivation has been a significant source of income for farmers in the Katha Valley, Swat Valley, and other saffron-growing regions. The government of Pakistan has been working to increase the saffron production and processing capacity to meet the global demand.

The government has been providing financial assistance and technological support to the saffron industry. The establishment of research centers and universities dedicated to saffron cultivation and processing has helped to improve the quality and yield of saffron. The government has also been working on the promotion of saffron culture and increasing its global market share.

The Council of Scientific and Industrial Research (CSIR) has been conducting research on saffron cultivation and processing. The research has focused on improving the quality and yield of saffron, as well as developing new value-added products from saffron.

By focusing on saffron production and processing, Pakistan can become a global leader in the saffron industry. The government’s efforts to improve the quality and yield of saffron can help to meet the global demand and increase the income of farmers. The promotion of saffron culture and the development of new value-added products can also help to increase the global market share of saffron.

Pakistan Electric Fan Industry

Objectives To Imposed Unilateral

The electric fan industry is one of the leading industries in Pakistan. According to the Pakistan Electric Fan Industry Association, the industry has been facing challenges due to the imposition of unilateral restrictions by the government. The restrictions have led to a decrease in the market share of Pakistani fans and an increase in the import of Chinese fans.

The imposition of unilateral restrictions by the government has had a negative impact on the electric fan industry in Pakistan. The industry has been facing challenges in the export market due to the imposition of restrictions on the export of electric fans. The restrictions have also led to an increase in the import of Chinese fans.

HCR Warnings to Take Admission

In Two Year Degree Programs

The Higher Education Commission (HEC) has warned students to take admission in two-year degree programs. According to the HEC, the commission has received complaints from several universities and colleges regarding non-compliance with the admission rules and regulations.

According to the HEC, the Commission has received complaints from several universities and colleges regarding non-compliance with the admission rules and regulations. The commission has warned students to take admission in the approved programs and to follow the admission rules and regulations of the respective universities and colleges.

The HEC has also reminded students to verify the admission rules and regulations of the respective universities and colleges before taking admission. The commission has advised students to check the admission rules and regulations of the respective universities and colleges before taking admission.

It is important for students to take admission in the approved programs to ensure that they receive quality education and training. Failure to comply with the admission rules and regulations can lead to serious consequences, including the cancellation of admission and the suspension of academic records.

Pakistan has already adopted the education policy of the United Kingdom. This policy includes the provision of free education to all children. The government of Pakistan has also made efforts to improve the quality of education in the country.

The government has been working on the modernization of the education system and the development of new educational programs. The government has also been focusing on the promotion of vocational and technical education to provide students with skills that are in demand in the labor market.

The government of Pakistan has also been working on the promotion of entrepreneurship and the establishment of vocational training institutions. The Pakistan Institute of Nuclear Science and Technology (PINSTECH) has been a leader in providing vocational and technical training programs.

Pakistan is a significant player in the global market for saffron. The country is the world’s largest producer of saffron and has been working to increase the quality and yield of saffron. The government has been providing financial assistance and technological support to the saffron industry. The establishment of research centers and universities dedicated to saffron cultivation and processing has helped to improve the quality and yield of saffron. The government has also been working on the promotion of saffron culture and the development of new value-added products from saffron.

The Pakistan Institute of Nuclear Science and Technology (PINSTECH) has been a leader in providing vocational and technical training programs. The government has also been working on the promotion of entrepreneurship and the establishment of vocational training institutions.
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**Symptoms — But You May Still Be Contagious**

**Asymptomatic** means you have an illness without symptoms. For example, some types of cancer may be asymptomatic. If you have them, you may not need treatment, but you should still get regular checkups. Many people with asymptomatic cancers are diagnosed during routine screening tests. However, some people with asymptomatic cancers do need treatment. This is because some asymptomatic cancers can spread and become life-threatening.

**Prevalence of Asymptomatic Illness**

Asymptomatic illnesses are relatively common. For example, one in three adults in the US has asymptomatic influenza. However, the prevalence of asymptomatic illnesses varies depending on the specific illness and the population. For example, the prevalence of asymptomatic influenza is higher in certain groups, such as healthcare workers and elderly people.

**Consequences of Asymptomatic Illness**

Asymptomatic illnesses can have serious consequences. For example, asymptomatic influenza can lead to severe illness, hospitalization, and death. Similarly, asymptomatic liver disease can lead to cirrhosis, liver failure, and even death. Asymptomatic illnesses can also cause complications, such as pneumonia, in people with underlying medical conditions.

**Prevention of Asymptomatic Illness**

There is no proven way to prevent asymptomatic illnesses. However, there are steps you can take to reduce your risk of asymptomatic illness. For example, you can get vaccinated against influenza and other illnesses. You can also practice good hygiene, such as washing your hands regularly and avoiding close contact with sick people.

**Treatment of Asymptomatic Illness**

Asymptomatic illnesses are typically treated the same as symptomatic illnesses. For example, asymptomatic influenza is treated with antiviral medications. Similarly, asymptomatic liver disease is treated with medications and lifestyle changes.

**Conclusion**

Asymptomatic illnesses are relatively common and can have serious consequences. However, there is no proven way to prevent asymptomatic illnesses. Instead, you can take steps to reduce your risk of asymptomatic illness, such as getting vaccinated and practicing good hygiene.

**References**


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**Research Collaboration And Technology Transfer – Five Ways That Can Help You To Protect And Commercialize Your Creative Work in Sciences And Social Sciences**

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**Mohammad Hashem Shibli**
Vegetable Nursery Production And Supply System For Promotion Of Innovative Trends In Kitchen Gardening

Afzal Ali Khan and Nabeel Ahmad Ikram

Vegetables are a source of vitamins, minerals, proteins, carotenoids, fiber, folate (folic acid) and iron which play an important role in maintaining health.

One of the objectives of the project was to ensure the availability of healthy vegetables to the rural and urban communities. Vegetable nurseries were established at forty nine schools, colleges and universities, industry, housing unions, government and private sectors.

The nursery produced in this project was distributed to the community. A permanent vegetable nursery unit has been established at the university as well as Online Vegetable Nursery System has been started which provides the freedom to keep our vegetable supply system open 24/7.

Programs for awareness of society for healthy plant based foods and promotion of kitchen gardening for self-sufficiency in vegetables have been conducted at Forty nine schools, colleges, universities, industry, housing unions and villages including government and private sector.

During this period vegetable nursery production has increased and is now available to the community. A state of the art vegetable nursery unit has been developed and is now available to the community.

Different vertical vegetable production structures have been developed for promotion of innovative trends in kitchen.

In this regard MNS- University of Agriculture, Multan for raising of season vegetables was appreciated by visitors. The nursery produced in this project was distributed to the community.

Different vertical vegetable production structures have been developed for promotion of innovative trends in kitchen.
Africa’s reliance on imported tests, treatments, and vaccines has been a pressing concern for cancer cases in low- and middle-income countries, noted early, is high, a large percentage of breast cancer cases in low and middle-income countries, including Morocco, are detected at a later stage. Africa’s reliance on imported tests, treatments, and vaccines has been a pressing concern for breast cancer cases in low-income countries, which has been a pressing concern for the continent with the Covid-19 pandemic. The vaccine has been a pressing concern for breast cancer cases in low-income countries, which has been a pressing concern for the continent with the Covid-19 pandemic. The vaccine has been a pressing concern for breast cancer cases in low-income countries, which has been a pressing concern for the continent with the Covid-19 pandemic. The vaccine has been a pressing concern for breast cancer cases in low-income countries, which has been a pressing concern for the continent with the Covid-19 pandemic. The vaccine has been a pressing concern for breast cancer cases in low-income countries, which has been a pressing concern for the continent with the Covid-19 pandemic.